



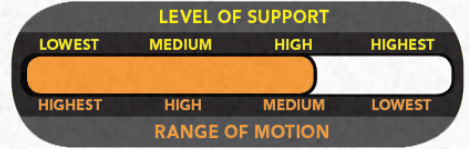
# BACK, ABS & LUMBAR COMPRESSION BACK SUPPORTS

## ERGONOMIC ENGINEERING



### PREMIUM LUMBAR OK-1000S

- 9" Power knit Nylon/Elastic Body
- Lumbar support pad
- Double Hook & Loop closure system
- Detachable, 1.5" wide suspenders
- Size: S-3XL



### PREMIUM CONTOURED OK-2000S

- 9" Power Knit Nylon/Elastic Body
- Contoured design
- Lumbar support pad
- Hook & Loop closure system
- Detachable, 1.5" wide suspenders
- Size: S-3XL

### PROPER LIFTING TECHNIQUES:

1. Assess the situation. Size up the load, get firm footing and stand close to the object.
2. Bend at the knees, not at the waist.
3. Use the strong muscles in your legs and abdomen to lift.
4. Keep the object close to your body.
5. If you need to change direction, move your feet. Do not twist your body.
6. Place the object down by bending your knees. Do not bend at the waist.

## MORE BACK SUPPORTS



### BACK ONLY

#### CLASSIC MUSTANG 611



### BACK & ABS

#### CLASSIC LUMBAR OK-250S



### DEAD LIFT

#### PREMIUM LIFTERS OK-SS-5



### HQ / EASTERN WAREHOUSE

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### WESTERN WAREHOUSE

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